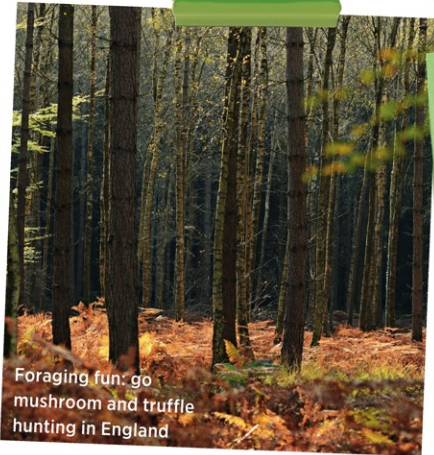




**HOT HOTEL OFFER**

### SPA-HOTEL JAGDHOF AUSTRIAN TYROL

Autumn is a heavenly time to visit the family-run Spa-Hotel Jagdhof in the Austrian Alps near Innsbruck. With the summer heat giving way to crisp blue skies, you can enjoy mountain walks and spa treatments at the hotel's wellness centre. Stay before the end of November and enjoy five nights' gourmet half board for the price of four, plus a complimentary €40 wellness voucher per person. From just €780 per person, based on two sharing, a saving of €390 per room. Book through the hotel, quoting *Sainsbury's magazine* offer\* (hotel-jagdhof.at).



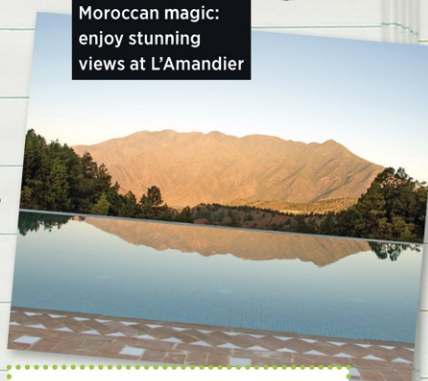
Foraging fun: go mushroom and truffle hunting in England

**Q** Last autumn I went truffle hunting in Italy and really enjoyed it. I'd like to do something similar this year but closer to home.

**A** The English Truffle Company (englishtruffles.co.uk) runs truffle hunting days in secret woodland locations in Dorset and Wiltshire between October and January. You could also attend a Mushroom Discovery Day run by 'Fred the Forager' (thewildsideoflife.co.uk) on Saturdays in September and October in locations from the New Forest to High Wycombe. Or join Fred's Secret Sunday Mushroom Club which holds foraging Sundays in Wiltshire.



Moroccan magic: enjoy stunning views at L'Amandier



# TRAVEL notebook



Our globe-trotting travel editor **Francesca Syz** is always on the go – seeking out experiences you'll love

### WE LOVED IT...

#### L'AMANDIER HOTEL, MOROCCO

- ◆ **What?** An elegant haven combining local heritage and European craftsmanship in the heart of the Moroccan countryside, with six hotel rooms and 13 private villas. Overlooking spectacular mountains, it's also just an hour from Marrakech.
- ◆ **What was the room like?** Our first-floor bedroom had a huge, comfy bed, a romantic log-burning fire and gorgeous mountain views.
- ◆ **What was the food like?** Authentic Moroccan tagines prepared by local cooks, including slow-cooked lamb and pumpkin, all served al fresco on the vast, elevated hotel terrace.
- ◆ **What not to miss?** Invigorating laps in the 25-metre outdoor infinity-edged pool and guided hikes through the ochre hills with guide Said.
- ◆ **How to book** Double rooms from £210 (lamandierhotel.com).

### LOOKING FOR SOME EUROPEAN AUTUMN SUN? May we suggest...



**SICILY** Head to the south east of the island and it's balmy well into the autumn. We recommend the newly available **Zahara**, a beautiful waterfront villa, which sleeps 10 and costs from €3,200 for a week in October (solosicily.com).



**CRETE** The summer season stretches firmly to the end of October on Crete. Why not book a room at the new adult-only **Domes Noruz Chania**, where rooms with plunge pools cost from €238 per night in October (domenoruz.com).



**LA PALMA** It rarely gets below 20°C on this unspoilt Canary Island, especially on the western side, home to **Hacienda de Abajo**, a beautiful hotel in a restored 17th-century estate house. It costs from £1,137 per person for seven nights in October (prestige-holidays.co.uk).



**MALTA** Reliably and comfortably warm and sunny throughout October – check into the stylish, five-room **Chapel Suites** in the little-known, historic northern town of Naxxar, where doubles in October start at £104 (i-escape.com).



I have just jazzed up my hand luggage with one of these handcrafted satchel-style laptop bags by Brit-Stitch, which come in gorgeous colours from emerald green to sky blue, £162.75 (brit-stitch.com).

\*SUBJECT TO AVAILABILITY. PHOTOGRAPHS: ALAMY; ANTHONY CRAVDOCK PHOTOGRAPHY; GETTY IMAGES